

# Our benefits guide for a happy, healthy and motivated workplace.

At TERCUS HR, we believe that proactive HR solutions can help you to build a successful business that attracts and retains the best talent, and will establish positive foundations for the future.

We have partnered with some of the leading experts in their field to offer a range of exciting benefits and incentives which will help to motivate and develop a happy and effective workforce, delivering positive results that work for everyone.



# What we provide

**Wellness:** Yoga, pilates, relaxation, mindfulness and meditation are fantastic ways to give your employees a boost with group classes online or in-house from just £50 per session. Individual treats such as chair massages start from just £25 per person.

**Rewards, Benefits and Incentives:** We have sifted through all the products available to select the best and affordable platforms that offer perks and discounts from retailers, cinemas, gyms and much more that your employees will love.

**Working Abroad:** With the help of our Nomad Policy, Mark Bratt Travel can arrange for your team members to work from overseas locations, safely and securely with office space, Wi-Fi, travel and insurance all provided.

**Payroll:** For companies with 15+ employees it can be cost effective and more efficient to automate your payroll. We can guide you through this with low entry subscription fees and prices from £5 per employee per month.

**Health and Fitness:** This health check and screening service for your team comes with a comprehensive report of recommendations and follow up support. Our partners can work to your budget and will come on site to carry out all the tests. In addition, if your employees are worried about their health, we can arrange home test kits to check everything from food intolerance to diabetes and menopause.

**HRIS:** Guiding you through the complexities of choosing an HR system to suit your company's needs, number of employees and budget. Our extensive knowledge covers high end platforms with sophisticated integrations, to simpler systems from just £16 per month.

**Health Benefits:** Health insurance can be expensive, but our partner provides a comprehensive health benefits package for small businesses, starting from £11 per employee per month.

**Training:** Our trusted trainers provide in-house and online team building and training, from sales training, management training, negotiation and presentation skills, to challenging topics such as tackling bias and discrimination.

**Mental Health and Wellbeing:** Our partners support a range of services from Occupational Health and EAP through to wellbeing seminars and workshops for important issues such as financial worries and mental health.